



Scheduling information for UNC genetic counseling visits COVID-19 specific:

"Aneuploidy screening" or Advanced Maternal Age (AMA) referrals

- Genetic counseling is recommending all patients wanting aneuploidy screening in the first trimester have non-invasive prenatal testing (NIPT)/cell-free DNA (cfDNA) screening instead of first trimester screening/nuchal translucency (NT). This means that the NT ultrasound is no longer needed. The patient just needs a first trimester viability scan.
- Genetic counseling visits will be a virtual visits (phone or video) and will occur at the time the appointment is scheduled. If patients are not available at the scheduled time their visit will be rescheduled.
- For patients in the first trimester, we will schedule genetic counseling as early as 10-11 weeks' gestation. If they have an upcoming in person visit (OB or ultrasound) genetic counseling will be scheduled a few days before that (so any tests we order can be drawn at next in-person visit). The timing of the visits is flexible and does not need to be paired with ultrasound.

Abnormal AFP/Quad and abnormal ultrasound referrals

- For patients referred for abnormal outside ultrasound or abnormal AFP/Quad from an outside provider, ultrasound will be scheduled immediately before genetic counseling. The MD or sonographer will let the genetic counselor know results of ultrasound and that patient is ready for phone consult (can be done in consult room or patient can go to her car for this).

Preconception referrals

- Preconception referrals can be done as virtual visits or delayed go days. Only schedule one preconception patient per session, always schedule at least a week out as these are not urgent.

Contact Information for Genetic Counselors

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