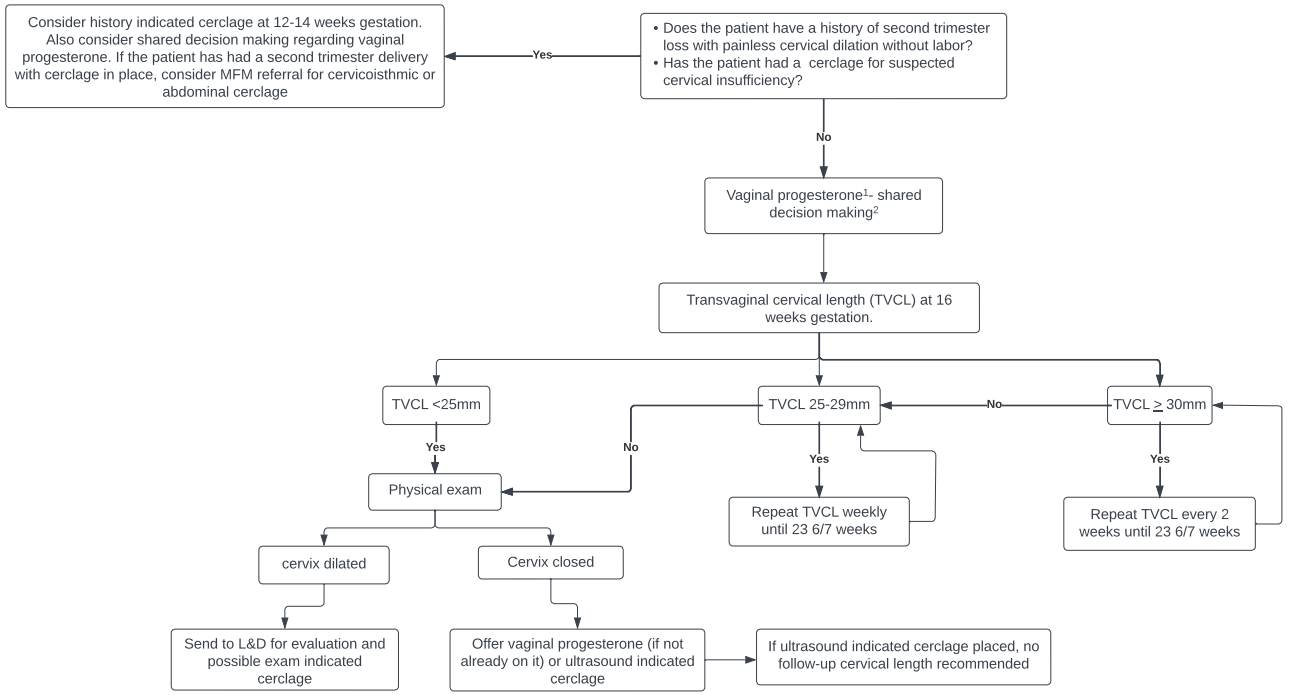
UNC SCHOOL OF MEDICINE

History of Prior Preterm Birth (prior singleton spontaneous preterm birth 16 0/7-33 6/7 weeks)



1. Vaginal progesterone dose: 200mg micronized progesterone daily
2. Shared decision making: Discussion with patient regarding gestational age of prior sPTB, use of progesterone in previous pregnancy, number of previous sPTB, number of term births, outcome of most recent pregnancy (preterm versus term).

References:

1. ACOG Practice Bulletin No. 234, Prediction and Prevention of Spontaneous Preterm Birth. April 2021
2. ACOG Practice Advisory, Updated Clinical Guidance for the Use of Progesterone Supplementation for the Prevention of Recurrent Preterm Birth. April 2023
3. SMFM Statement: Response to the Food and Drug Administration's withdrawal of 17-alpha hydroxyprogesterone caproate. April 2023
4. ACOG Practice Bulletin No.142, Cerclage for the Management of Cervical Insufficiency. February 2014
5. Berghella V, et al. Cerclage for short cervix on ultrasonography in women with singleton gestations and previous preterm birth: a meta-analysis. Obstet Gynecol 2011; 117: 663-71

Revised 2.5.24 JJ