

Ms. Gwen  
Grandmother of 10

# Does Your Baby Sleep Safe?

We now know babies sleep safest  
**alone, on their backs, and in a crib  
or pack n play.**

Over 130 babies in NC die each year of sleep-related causes.  
Many of these deaths could be prevented.



Learn more at [SafeSleepNC.org](https://SafeSleepNC.org)