



## TOLAC at UNCH

We have developed these guidelines for Trial of Labor After C-Section at UNCH to provide consistent, evidence-based counseling about mode of delivery for women with a prior cesarean birth.

Initial Counseling: Early in prenatal care, the patient's primary obstetric provider discusses options for mode of delivery and assesses her risk of complications with TOLAC, using the UNC TOLAC counseling algorithm on MomBaby and the VBAC calculator.

For patients that desire TOLAC and meet lower risk criteria: The referring provider completes the TOLAC consent form with the patient and faxes the consent, TOLAC referral form, operative note from her c-section, dating scan and prenatal record to UNC. The *OB clinic attending* reviews this packet and either approves the patient for TOLAC or recommends a consult at UNC. The referral form with the OB attending's decision will be scanned into the UNC EMR and faxed back to the referring clinic.

Patients have been approved as lower risk for TOLAC but remain undelivered by their EDC will be scheduled for an OB consultation at UNC by 41 weeks to discuss the options of induction vs. Elective Repeat C-Section.

For patients who are higher risk or unsure about TOLAC: The referring provider completes the TOLAC referral form, and the referring practice calls to schedule an OB consultation. When possible, this appointment will be scheduled to coincide with the patient's anatomy ultrasound. Prior to the appointment, the referring practice faxes the TOLAC referral form, op note, dating scan and prenatal record to UNC.

For patients who desire ERCS or have indication for early delivery due to risk of uterine rupture: The referring provider completes the ERCS referral form, and the referring practice calls to schedule an OB consultation. Prior to the appointment, the referring practice faxes the ERCS referral form, op note, dating scan and prenatal record to UNC.

If a referral form is sent and an appointment has not already been scheduled, the UNC scheduling team will contact the patient to set up the appointment. Once the appointment is scheduled, the form will be fax a confirmation back to the referring practice.